

Appendix 2: Overview of Rough Sleeping Drug and Alcohol Treatment Grant in 2021/22 and 22/23

The proposed model will include the following staff roles. Each role gives details about the basic duties and requirements, including a breakdown of any specialisms required.

Psychologist x1 FTE:

The primary role of the psychologist is to support the development of trauma informed care and embed a psychologically informed environment into the substance misuse treatment services. The services have received PIE and TIC training but do not have access to a dedicated psychology function to further develop this work. This post will focus on clinical supervision, reflective practice and, where indicated, individual formulations with the assertive outreach treatment team, as well as partake in MDT planning and reviews as part of our wider work stream on Severe and Multiple Disadvantage (SMD). The post will enable the team to identify effective engagement techniques for those that either have not engaged with treatment before or have history of dropping out early in the process, as well as build the resilience necessary to ensure that services can stick with individuals.

The psychologist will also work with the wider substance misuse service to embed PIE and TIC into everyday practice, through strengthening the current MDT's, clinical supervision, reflective practice sessions and training. This will provide sustainable change by building resilience into the treatment system to continue to meet the needs of this population in future years.

Advanced practitioner Non-Medical Prescriber x0.2 FTE:

The primary function of this post is to enable evidence based prescribing treatments to commence and continue away from the main substance misuse treatment building. The post will fall under the clinical oversight of the consultant addiction psychiatrists and will provide clinical assessment and prescribing functions for the assertive outreach treatment team, where individuals struggle to attend "mainstream" prescribing appointments at the core service. This may include community alcohol detox from a range of settings, opiate substitute prescribing, script restarts and anti-craving medication and is designed to start prescribing treatment as early as safely possible, as well as ensure people who drop off scripts can restart promptly.

Clinical Specialists x4 FTE: Band 6

These posts will focus on commencing and maintaining people in structured treatment and will form part of a roving team able to provide structured treatment appointments and reviews in a range of settings, and embedded with other systems partners including but not limited to:

- Housing First team
- Housing Aid
- Street Outreach Team
- Homeless Health Team
- Juno Women's Aid
- Homeless hostels
- Homeless day centres
- Severe Multiple Disadvantage MDT
- Changing Futures
- Opportunity Nottingham

The posts will ensure people are engaged and maintained in structured treatment where they are, rather than at the core treatment site. As the posts will be integrated with the above services, the substance misuse care plan will form an integrated part of the individuals' wider support plan, which will enhance specific support goals, unlock accommodation move on options, reduce reoffending and recall to prison. The posts will also serve to embed substance misuse knowledge and skills, including motivational techniques and CBT into the workforce of the host services themselves for longer term sustainability.

These posts will increase capacity in the core treatment service as they can hold complex caseloads. The posts will each hold a speciality to work with those who are sleeping rough or at risk, including harder to reach (women and BME), coexisting mental health, and SMD, and will be qualified and trained accordingly.

Senior Substance Misuse Practitioners x3 FTE: Band 5

Providing motivational interventions, assessment and structured psychosocial interventions and treatment for individuals, the SSMP's will focus on engaging the right treatment plan at the right time. SSMP's will offer instant assessment and access to substance misuse treatment for all of this cohort, and transfer those engaged and requiring opiate substitution interventions to the clinical specialists. The posts will be embedded in a range of settings away from the core treatment service and act as an integrated substance misuse treatment element of other system partners (see Clinical Specialist list.) The posts will also develop novel pathways with wider systems work (e.g.: Changing Futures, Opportunity Nottingham, Mental Health transformation).

Substance Misuse Practitioners (Navigators) x4 FTE: Band 4

Specialist posts to help navigate the system, by providing intensive support to individuals either not engaged in treatment or early on in their treatment journey. The posts will focus on building relationships with individuals and the services they require, with each post having a specialist area of work, including:

- BME specialist, to work within a range of BME organisations
- Women's worker, to work within Women's Aid, POW, women's complex needs hostels
- Rough sleeper specialist (for those currently on street), to work alongside Street Outreach Team, in homeless day centres, etc
- Coexisting Mental Health, to work alongside mental health services, PCN mental health practitioners, etc

Recovery Connectors x6 13.5 hours:

Whilst many of the other posts may have people with lived experience in them, this element provides visible recovery and lived experience specifically. Post holders have graduated from the substance misuse academy program as qualified peer mentors, and can support and mentor people in a way the more structures elements cannot. Recovery connectors will work alongside the lived experience teams within Opportunity Nottingham and Changing Futures, ensuring that the service, and system it connects to is designed reviewed and adapted by the people it supports. Recovery connectors will mentor individuals through their treatment journey and facilitate access to community assets and support appropriate to that person's progress.

Commissioning and Project Manager x0.5 FTE: NCC Grade H

A commissioning staffing resource has been included in order to oversee the implementation and delivery of activity under the RSDATG.